



North Carolina Conference of The United Methodist Church
1307 Glenwood Avenue; P.O. Box 10955
Raleigh, North Carolina 27605
1-800-849-4433 or 919-832-9560 • FAX 919-834-7989

February, 2009

Dear Pastors, UMYF Groups and Leaders,

Our Conference Youth Rally Day this year will be Sunday, April 26 at NC Wesleyan College in Rocky Mount. Our theme is "*With Heart, Soul and Mind*" as we consider loving God completely and a life of Christian discipleship. The Conference Council on Youth Ministries would like to invite local church youth groups to be involved in Rally Day again this year beyond just attending. Here's how...

Conference Youth Rally Day will have two parts. One part will be a worship service. We will be outdoors so groups are encouraged to bring blankets or towels to sit on. We will also take an offering for Youth Service Fund. If your church has a youth choir that would like to sing as part of this worship service or a sacred dance group that would like to dance in the worship service, or another creative expression to offer during our offertory, please call me as soon as possible (the response deadline for this is April 6!). The second part will be a carnival of fellowship activities. This is where we would like to have local church youth groups involved in leadership. Some of the carnival activities will be planned and taken care of: a super slide, bounce house, obstacle course, other inflatable games, volleyball, soccer, and softball. We will also arrange a display for Youth Service Fund and other youth activities. Refreshments (drinks and candy) will be available for purchase. We invite local church UMYF groups to bring more fellowship activities to our carnival. A list of suggestions is provided along with guidelines to keep in mind; however, this is an opportunity for tremendous creativity!

We suggest that your UMYF group meet and brainstorm ideas as wacky, fun and creative as possible. Decide what your favorite idea is and begin making plans to sponsor that activity for Rally Day. In addition to your preparations of gathering the supplies or props needed and planning who will man the activity when; please send us the sign-up sheet enclosed by April 6. We need to know for what activities to plan. Please know that all of your group will not have to man your activity all the time. Those responsibilities may be shared so that members of your group can enjoy the other activities going on. There is no cost for Rally Day but remember the ways to support YSF (Shirts for sale and an offering).

In the event of rain we will move into the gym and adapt our program accordingly. We do hope your UMYF will participate either in offering something for our worship service, sponsoring a fellowship activity or in just attending Rally Day. Please note carefully the guidelines offered! Please return the sign-up sheet by April 6 or let us know if you would like to offer leadership to our worship! Questions are welcome!

Grace and peace,

Sue Ellen Nicholson

Sue Ellen Nicholson
Director of Children, Youth and Young Adult Ministries

Mission Statement: *Making disciples for Jesus Christ...Equipping local churches for ministry...Providing a connection for ministry.*

Guidelines for Youth Rally Day Fellowship Carnival Activities

- ☺ These activities are designed for fellowship and fun. While they may be competitive there is no need for stated winners or prizes.
- ☺ ALL supplies, props, equipment required must be brought and supplied by the sponsoring local church youth group.
- ☺ Any set-up must be done between 2:30pm and 3:00pm on the day of the Youth Rally. Set-up at Wesleyan College prior to that time is prohibitive.
- ☺ There will be no source of electricity or water for these activities.
- ☺ Someone from the sponsoring local church youth group needs to be directing the activity throughout the time from 3:00pm to clean-up at 4:30pm. This does not mean that the same person has to remain with the activity.
- ☺ No exchange of money is to be involved.
- ☺ Safety and honor to each individual's self-esteem are to be kept in mind.
- ☺ The activity should be fairly easy to clean-up.
- ☺ Hint from prior years: relay type activities do not prove very popular.
- ☺ Creativity is urged!

Suggestions

Basketball (with children's nerf ball and goal)
Blindfold basketball
Football
Ring around the bottle
Bean bag toss
Tricycle obstacle course
Balloon darts
Arts and crafts
Face painting
Sponge toss
Wet sponge throw
Bobbing for apples
...use your own creativity

...just to name a few

Conference Youth Rally Day

Sunday, April 26, 2009
NC Wesleyan College
Rocky Mount



“Love
the LORD
your God
with all your
heart...soul
...mind and...
strength.”

Mark 12:30



Schedule of Events

3:00pm Gathering with Fellowship Activities

Carnival games, Volleyball, Soccer, Softball, Refreshments, and much, much more!
Your Youth Group is invited to sponsor one such fellowship activity so think creatively!

4:45-6:00pm Worship

Please bring blankets to sit on as we will be outside (weather permitting). Also note that an offering for Youth Service Fund will be taken!

Pre-registration is not required!
In the event of rain, come to the campus gym.

Conference Youth Rally Day Fellowship Activity Sign-up Sheet

Our intention with a portion of the Conference Youth Rally Day this year (Sunday, April 26, 2009 at NC Wesleyan College in Rocky Mount) is to celebrate being United Methodist Youth together in a carnival of fun activities. These activities will give youth an opportunity to fellowship together as a Christian community from across eastern North Carolina. We would like for youth groups from local churches to sponsor these various fellowship activities.

Please read the attached cover letter for further information and guidelines!

If your UMYF group will sponsor a fellowship activity, please complete this sign-up sheet and return it to Sue Ellen Nicholson in the Office of Youth Ministry, PO Box 10955, Raleigh, NC 27605 or fax to 919-834-7989 by April 6, 2009.

Questions may be addressed to Sue Ellen Nicholson at 1-800-849-4433 or 919-832-9560 ext.253 and email: senicholson@nccumc.org.

Name of Local Church:

City:

District:

Contact Person:

Address:

Phone:

Email:

Type/name of Activity to be sponsored:

Please describe this activity: