



Wespath

BENEFITS | INVESTMENTS



RETIREES

Register for Blueprint for Wellness® Today!

Schedule Your Screening

Comprehensive and Confidential

The Blueprint for Wellness (BFW) health screening evaluates more than 30 health factors with one blood sample and a few quick measurements. In fact, BFW is more comprehensive than many screenings done by doctors or other primary care providers (PCPs). BFW results can help your doctor or other PCP assess your risk for diabetes, heart disease and more.

Results are confidential and both e-mailed and mailed to you. Your church, annual conference, employer, insurance carrier and Wespath cannot see your test results. Please share the results report with your doctor or PCP.

For the most accurate results, fast 8-12 hours before your screening. If you have a medical condition or take medications, ask your doctor or other PCP whether it's safe to fast.

Call 1-855-623-9355

To register and schedule
your screening today

United Methodist Church

Employer/group

Contact your plan sponsor for more information.



Blueprint for Wellness
Screening

**JANUARY 1 –
AUGUST 31**