

# INSURANCE NEWSLETTER



## October is Breast Cancer Awareness Month

Early detection is key to fighting breast cancer, and one of the best methods of early detection is an annual mammogram. These are recommended for women 40 years and older.

BCBS's SmartShopper can assist in scheduling a mammogram. A \$25-50 cash reward can be earned for using the SmartShopper program to shop for and use incentivized providers for mammograms.

Call a Personal Assistant at 1-877-702-6661 or log in to [BlueCrossNC.com/SmartShopper](http://BlueCrossNC.com/SmartShopper)

In addition, there are proactive things you can do to lower your risk for breast cancer, including regular exercise, adequate sleep, healthy eating, and limited alcohol intake.

## Register Now for Treasurer Training – Two Dates Available

Local church treasurer and finance committee training events will be held on Saturday, October 12, 2019, and Wednesday, January 15, 2020, from 10:00 to 3:30 at the United Methodist Building in Garner. The same information will be shared at both events, so choose the one that fits your schedule best!

Local church finance basics will be covered as well as updates from recent legislative changes. Local church treasurers, finance committee members, and pastors are encouraged to attend. Seats are limited (and fill up fast!) so registration is required. There will be a \$10 registration fee charged to help offset the cost of training materials and lunch.

Register at <https://nccumc.org/treasurer/training/>

## Amazing Pace—Second Journey Update

We have developed a solution that will help avoid long delays for rewards in the future and we are going to be using it for the 2nd journey reward cards. You will receive a check that will be addressed to each participant that has earned a reward for the 2nd NCC Journey. On the outside of the envelope it will show a return address from the Amazing Pace. We are processing the checks at this time and they will be mailed to you.

Please open and fill in the form and mail it to the address that is listed on the form if you would like to use the new ACH (Automatic/Direct Deposit) option. We will be sending checks for the rewards unless we receive a completed ACH form from you. This new process will also allow us to track your rewards in a more secure process. We know the many rewards of walking are important to all our participants. We appreciate your patience and assure you that we are working to get back on track with the reward delivery.

**If you need assistance please email [support@Lifebux.com](mailto:support@Lifebux.com) and we will schedule a support call.**

**The Amazing Pace ACH (Automatic/Direct Deposit) form can be found at**

<https://nccumc.org/treasurer/insurance/amazing-pace-walking-program/>

## Open Enrollment Reminder!

**Open Enrollment is the time each year for clergy and lay employees to make changes to their enrollment options in the NC Conference Insurance Plan, without the requirement of a qualifying life change.**

**Open Enrollment will be coming up in November! Detailed information will be included in the enrollment packets, which will be mailed later in October.**

Benefits Team NC—United Methodist Conference  
[benefitsteam@nccumc.org](mailto:benefitsteam@nccumc.org) 919-779-6115  
[nccumc.org/treasurer/insurance](http://nccumc.org/treasurer/insurance) [nccumc.org/treasurer/pension](http://nccumc.org/treasurer/pension)

October 2019