



INSURANCE NEWSLETTER



Filing Deadline Approaching for 2018 WIN and Flexible Spending Accounts

The deadline for filing claims for the calendar year 2018 for the WIN and Flexible Spending Account programs is March 31, 2019. WIN forms should be submitted to NCCUMC Attn: WIN, 700 Waterfield Ridge Place Garner, NC 27529.

There is a 75-day grace period for all 2018 Flexible Spending Accounts. This means that you can still claim services received in the first 75 days of 2019 against your 2018 Flexible Spending account. Flexible Spending Account reimbursement forms should be faxed to ProBenefits at (866) 329-3539 or emailed to Flex@ProBenefits.com (PDF only).

WIN and Flexible Spending Account claim forms can be found online at nccumc.org/treasurer/downloads



Wellness Program Changes in 2019!

Eat Smart, Move More, Weigh Less

- Weekly, hour long classes online with a live, Registered Dietitian Nutritionist (RDN) instructor. Pay only \$30 at the time of registration and receive a full refund for attending at least 10 out of 15 classes and meeting tracking requirements. Plus, completion of the program earns \$50 on the WIN program described below!

Wellness INcentive (WIN)

- Earn points and turn those points into money for making healthy choices. In 2019, earn a \$50 rebate for completing the Eat Smart, Move More, Weigh Less program mentioned above in addition to the \$50 rebate for taking the BCBS Well-being Assessment *and* in addition to the \$150 rebate—that's up to \$250 in cash rebates!

The Amazing Pace

- Our free walking program for clergy, spouses, and qualified Health Plan Insurees has gotten a boost in 2019! The minimum steps for earning the base reward of up to \$250 has increased to a 2,000 average daily step count instead of the current 1,000 steps.
- A new semi-annual \$125 Boost Up reward can be earned in addition to the base reward of up to \$250. After you meet the base reward criteria, if you average 10,000 steps per day for each day in the first half (January 1—June 30) and/or the second half (July 1—December 31) of the calendar year you will earn a \$125 semi-annual incentive paid at the end of the second and/or the fourth journeys.

Visit nccumc.org/treasurer/insurance/nc-conference-wellness-programs for more details and other wellness resources.

Benefits Team NC United Methodist Conference

benefitsteam@nccumc.org

nccumc.org/treasurer/insurance

919-779-6115

nccumc.org/treasurer/pension

March 2019



INSURANCE NEWSLETTER



Billing Items Personal Portion vs Church Portion

In prior months, we were able to modify the billing system to separate the health insurance cost between the personal portion for the participant and the employer portion for the church. In an effort to enhance other aspects of the bill, we discovered this modification has reverted to the original setting where both the personal and church portions are combined on one line item for the health insurance.

The personal and church portions of the health insurance rates have remained the same since January 1, 2019. Please refer to the chart below in reconciling the enclosed bill to your payroll and budget records. We continue to work with our billing system vendor to develop statements which function accurately within the system's parameters and also best meet the needs of our local churches. Thank you for your patience!

If the bill shows...	The paycheck withholding is...	The church budgeted expense is....
Dental Insurance	The amount listed on the bill	\$0.00
Dependent Care Flexible Spending	The amount listed on the bill	\$0.00
Health Insurance	The difference between the amount listed on the bill and \$1,216.46 (Example: Pastor Joe's health insurance amount on First UMC's insurance bill is \$1,721.03. So \$1,721.03 minus \$1,216.46 equals \$504.57. Pastor Joe's paycheck withholding is \$504.57.)	\$1,216.46
Life Insurance	\$0.00	The amount listed on the bill
Medical Reimbursement Flexible Spending	The amount listed on the bill	\$0.00
Supplemental Life	The amount listed on the bill	\$0.00

March 2019