

Schedule for NC Five Day Academy

Sunday Evening

4:00–5:30 pm	Check In
5:00 pm	Covenant Group Facilitator Meeting (Conference Room Annex)
6:00 pm	Dinner (Dining Room)
7:00 pm	Welcome and Orientation (Conference Room)
7:45 pm	Eucharist (Conference Room)
8:45 pm	Covenant Groups, Ending with Night Prayer
9:45 pm	Silence until Morning Prayer

*Silence is observed in rooms and walkways each night except Thursday night.
The silence is broken with our praise during Morning Prayer.*

Monday through Thursday

7:30 am	Morning Prayer (Conference Room)
8:00 am	Breakfast (Cov. Group Facilitator meeting-St. James Room)
9:00 am	Faculty (1) Presentation (Conference Room)
10:00 am	Silence & Solitude for Prayer and Reflection
11:00 am	Plenary Discussion with Faculty (1) (Conference Room)
11:30 am	Community Time / Mid-Day Prayer
12:00 NOON	Lunch & BREAK (Dining Room, enjoy the beach & campus!)
2:30 pm	Faculty (2) Presentation (Conference Room)
3:30 pm	Silence & Solitude for Prayer and Reflection
4:30 pm	Plenary Discussion with Faculty (2) (Conference Room)
5:15 pm	Eucharist (Conference Room)
6:00 pm	Dinner (Dining Room)

Monday and Tuesday Evening

7:00 pm	Covenant Groups, Ending with Night Prayer
9:00 pm	Silence until Morning Prayer

Wednesday Evening

7:00–7:45 pm	Healing Service (Conference Room)
8:00 pm	Covenant Groups, Ending with Night Prayer
9:30 pm	Silence until Morning Prayer

Thursday Evening

7:00-8:15 pm	Covenant Groups
8:30 pm	Special Option (Beach House)

Friday Morning

7:00 am	Morning Prayer (Conference Room)
7:30 am	Breakfast
8:15 am	Faculty (1) Presentation (Conference Room)
9:30 am	Faculty (2) Presentation (Conference Room)
10:45 am	Eucharist (Conference Room)
11:30 am	Lunch

Blessings for a Safe Journey Home!