

Schedule for Five Day Academy

“Do justice to your own soul. Give it time and means to grow. Do not starve yourself any longer.”

John Wesley

Sunday Evening

4:00 – 5:30 p.m. Check In
6:00 p.m. Dinner (Dining Room)
7:00 – 7:45 p.m. Welcome and Orientation (Conference Room)
7:45 – 8:45 Covenant Groups
9:00 p.m. Eucharist and Night Prayer (St. James Room)
9:45 p.m. Silence until Morning Prayer

*Silence is observed in rooms and walkways each night except Thursday night.
The silence is broken with our praise during Morning Prayer.*

Monday through Thursday

7:30 a.m. Morning Prayer
8:00 a.m. Breakfast
9:00 a.m. Faculty (1) Presentation
10:00 a.m. Silence (Prayer and Reflection Time)
11:00 a.m. Plenary discussion with faculty
11:30 a.m. Community Time
12:00 NOON Lunch
2:30 p.m. Faculty (2) Presentation
3:30 p.m. Silence (Prayer and Reflection Time)
4:30 p.m. Plenary discussion with faculty
5:15 p.m. Eucharist
6:00 p.m. Dinner

Monday and Tuesday Evening

7:00 – 8:30 p.m. Covenant Groups
8:45 p.m. Night Prayer
Silence until Morning Prayer

Wednesday Evening

7:00 – 8:30 p.m. Covenant Groups
8:45 p.m. Night Prayer and Healing Service
Silence until Morning Prayer

Thursday Evening

7:00 – 8:15 p.m. Covenant Groups (Close in Night Prayer)
8:30 p.m. Special Option at the Beach House

Friday Morning

7:00 a.m. Morning Prayer
7:30 a.m. Breakfast
8:15 – 9:15 a.m. Faculty (1) Presentation
9:30 – 10:30 a.m. Faculty (2) Presentation
10:45 a.m. Eucharist
11:30 a.m. Lunch

Blessings for a safe journey home!