

Health Ministry Mini-Grants
North Carolina Conference
of
The United Methodist Church

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2021 Guidelines

Purpose of Health Ministry Mini-Grants

Health Ministry mini-grants are designed to facilitate and encourage United Methodist Congregations of the NC Conference in health ministry. These Health Ministry mini-grants are provided to help the church engage in health ministry that is transformative for the world and the church.

People in the local church will effectively engage in ministry “hands on” in ways that directly move them into the world and bring about change that is outcome based and measurable. Congregations and individual members will understand the need to live out their faith in an active commitment of ministry within the framework of the [social principles of the United Methodist Church](#).

The mini-grant should be used for projects that engage the congregants and fulfill a health need in the church and in the surrounding community. Once you have received the mini-grant funding it must be used to fulfill the health and wholeness activities outlined and approved in your mini-grant application.

Health ministry mini-grants are meant to be supplemental funding that assists congregations in beginning health ministries. Funds for a single ministry will not be in excess of \$1,000 per year with the typical award being \$500 or less.

WHO MAY APPLY

Local United Methodist Churches & United Methodist Cooperative Parishes in the NC Conference of the United Methodist Church

KEY FUNDING CRITERIA

The following criteria will be considered when applications for funding are reviewed: Ministries must be in congruence with the [United Methodist social principles](#)

Outcomes should be measurable and achievable

Provide opportunities for United Methodist congregations and people to be *directly* involved in mission and ministry that is intentionally discipling and seeks to transform the world into a place congruent with the commandments of Jesus

Culturally sensitive and inclusive

Other criteria of interest in the reviewing process:

Funds should be supplemental in nature

Ministry should demonstrate a plan for future sustainability

MINI-GRANT EXAMPLES

Health Screenings: Take basic vitals (blood pressure, weight, height, etc.) and provide participants with a printed report.

Health Fair: Host vendors and workshops, and provide educational resources to raise awareness related to important health issues.

Classes/Seminars/Workshops: Host a short workshop/seminar and/or educational course spanning several weeks.

Invite health professionals and/or other experts who can speak on health issues and connect them back to faith.

Fitness Group Initiatives: Host fitness classes led by trained professionals, form walking groups, create fun obstacle courses for kids, or organize a 5K

Provide Mental Health Education and Resources: Host workshops/courses, post bulletin board(s) with resources near area where many gather, or include in bulletin.

Host a Mental Health First Aid Course: In partnership with a certified trainer offer a mental health first aid certification course

Host a CPR Certification and First Aid Training

Become a COVID-19 Vaccination Host Site

Host a workshop or town hall educating your community about the COVID-19 Vaccination (we can help you locate a speaker).

Suicide prevention: host a workshop educating your community on this topic (we can help you locate a speaker).

FUNDING/NOTIFICATION CYCLE

Health Ministry mini-grant applications must be received by the Outreach Office **no later than Thursday, October 14th**. Incomplete applications or applications submitted without budgets cannot be considered.

Notifications to requesters will be made by **Monday, November 1st**. If requests are approved, funds will normally be distributed by the end of 2021. Funds are expected to be utilized before the end of the 2022 calendar year.

Once approved, in order to receive funding, the recipient church/organization must sign and return an agreement to provide audit information, with regard to the funds received, to the NC Conference, if an audit is requested.

REPORTING CRITERIA

You will be asked to complete a survey at the end of your project for reporting requirements.

As we seek to be good stewards of the resources that we have been blessed with, we may also reach out to you to share your story with the Conference.

All recipients of Health Ministry mini-grants must agree to undergo a financial audit if requested by the NC Conference Office of Outreach Ministries or Treasurer's Office.

CONTACT US:

For more information contact: Rev. Jaye White, Director of Outreach Ministry - 800-849-4433 or jayewhite@nccumc.org

Or

Rev. Lindsay Ballance Collins, Chairperson of Health Ministry Team - [\(910\) 862-3706](tel:(910)862-3706) or lcollins@nccumc.org

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