Parenting Resources
from the NCCUMC Media Center

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Purpose: This subject guide is a list of our resources on parenting from a Christian perspective. These books, videos, and websites are intended to be used by Christian parents individually or in small group sessions.

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Subjects and Keywords
Search for these subjects or keywords in the Media Center catalog:

Subjects
Parenting

Keywords
Parent

Electronic Resource Keywords
Click on these words at http://nccumc.org/mediacenter/electronic-resources to find electronic resources related to this subject.

Families
Parenting

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Video Resources for All Parents

**DVD9 ProActive Parenting Series**
These courses help parents outline a plan for parenting based on the family's priorities and values. James C. Williams is a national parenting advocate and speaker. Each program has 4 sessions which include video segments and discussion guidelines. Facilitator's guidelines and an example of the student book are included. The courses available are: Parenting 101, Communication with Your Child or Teen, Discipline with Children and Youth, Your Family and Money, Handling Anger in Your Home, and Single Parenting.

**DVD416 Faith 5 Parenting Course**
The Faith 5 Parenting Course is a "humorous and engaging 55-minute family ministry presentation." Faith stands for Faith Acts In The Home and the 5 steps are 1) Sharing highs and lows, 2) Reading a verse from God's Word, 3) Talking about your highs and lows as they relate to the verse, 4) Praying for one another, 5) Blessing one another every night. You can view the video all at once or as 6 individual sessions. ROM14 is a companion CD-ROM with additional teaching materials.

**Resources that begin with VC are on VHS tape and require a VCR.**

**VC15 Active Parenting**
6 sessions of 16 minutes each on VHS. The original version of the Active Parenting program. Six sessions include: 1) The Active Parent, 2) Understanding Your Child, 3) Instilling Courage, 4) Developing Responsibility, 5) Winning Cooperation, 6) Democratic Family in Action. One example of participant handbook, action guide, and leader's guide are included. Also includes a Biblical and Theological Guide.

**VC131 Boundaries: When to Say Yes, When to Say No**
Do you have trouble saying no? Can you set limits and still be a loving person? Are you in control of you life? What are legitimate boundaries? Do people take advantage of you? Dr. Henry Cloud and Dr. John Townsend offer biblically-based answers to these tough questions as they show us how to set healthy boundaries with our parents, our spouses, our children, our friends, our coworkers, and even ourselves. This compelling, nine-part video resource helps us define and maintain the clear personal boundaries that are essential to a healthy and balanced Christian life. Applying the proven "group-interactive" format designed to enhance participation and learning among small-group members, Boundaries helps us discover the impact of boundaries on all are of our lives. It shows us: - How to know where our responsibilities begin and end - How to be free to choose the right things for ourselves in the light of God's will - How to say no to irresponsible or controlling people - How to say yes for the right reasons - How to deal with guilt and the fear of losing love -- With brief video dramatizations and discussion jumps starts by Drs. Cloud and Townsend, the Boundaries Zondervan Group Resource provides everything that's needed to successfully conduct nine lively, life-changing small-group sessions. The Boundaries

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VC135 Building Shalom Families in the 90's and Beyond
Used in whole or in parts, this video kit comes with resource materials and a short video piece on a variety of subjects relating to families responding in a peaceful and loving way to each other and their communities. Activity ideas and handout sheets are included.

VC156 Children and Faith
Drawing from his own professional experience and Piaget's cognitive development learning process, Vince Isner explains faith development at each development level. Viewers are presented with important information and also practical suggestions for guiding faith development in children.

VC530 Healing Our Grief: I Goofed as a Parent
Learning to forgive ourselves and to examine feelings of failure as parents. Part of the "Healing Our Grief with Laughter and Tears" series by Annette Goodheart.

VC566 It Takes More Than Love Kit
This video series on positive parenting is based on the Search Institute study of over 300,000 youth. Using an asset-building approach, the series emphasizes the need all youth have for support from families and communities. There are four parts to the series: Carousels and Commitment: Intentional Parenting; Legos and Egos: Value-Centered Parenting; Blue Jeans and Boundaries: Nurture-Centered Parenting; Crayons and Community: Inclusive Parenting. Leader's guide is included.

VC811 Parenting, An Attitude of the Heart
This series based on the work of Dr. Ross Campbell and hosted by various personalities discusses what ethical, moral and spiritual principles children are learning from their parents as practical issues of parenting are addressed. Discussion guides are included. The five videos are: Improving Your Attitude, How to Love Your Child, The Secret To Discipline, Why Values Are Important, and Life as a Missionary, A Son Remembers.

VC1461 Parenting by Heart
A 4-part, video-based program for parents. This series features presenters Dr. Ross Campbell, Dr. Kevin Leman, Pam Johnson and Tim Smith. A leader's guide and example participant booklets are included. Sessions are: How to Really Love Your Child, The Key to Discipline, Power Struggles, A Lasting Legacy.

VC1559 Raising Children of Divorce: Practical Help for Parents
"The biggest concern for almost all divorcing parents is how their children will be hurt by the breakup and what they should do to help their children." To help parents have concrete ways to do just this, Philip Stahl briefly outlines some practical steps: Telling your child about the divorce, levels of conflict, developmental needs of children through the years after a divorce.

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VC1693 Active Parenting Now, In the Faith Community
Dr. Michael Popkin’s Active Parenting program and guide for faith-based groups has been updated. We now have the new set of the 6 video sessions. The titles of the sessions are: Parenting in the 21st Century: What’s your style and how does it influence your child?; Active Communication: How to win cooperation with your child; Effective Discipline: How to raise a responsible child; Sidestepping the Power Struggle: Redirecting your child’s misbehavior; Building Character, Courage, and Self-Esteem in Your Child; and The Magic of Family Meetings: Teaching problem-solving and positive values.

VC1695 Bullying, What Every Adult Needs to Know
Bullying has serious consequences for both the victims and the bullies. This video helps the viewer understand what bullying is, and how adults can help the young people in their lives, when bullying is a problem. Includes a resource booklet.

KIT41 Faith Home Kit
Families growing together in faith is a 9-week program where families come together to learn about God, the Christian faith and how to be a "faith home." Our preview kit contains leader's guide, pastor's guide, an example family guide, promotional materials, weekly VHS tape to be used in a group setting, and an audio tape. This series was chosen as a recommended Spirituality Study for United Methodist Men.

Video Resources for Parents of Teenagers

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VC1564 Parenting Teenagers for Positive Results
This is a 6-session, interactive video study for parents of teens. Each session includes reflections, 2 short video clips, Bible study, discussion and homework applications. The 6 sessions are: Attitude is Everything, Self-Image Struggles, Communication with your Kids, Navigating Sexuality, Developing Media Discernment, and Helping Your Teenager Grow Spiritually. A leader’s guide and example participant booklets are included.

Video Resources for Parents of Young Children

DVD559 Your Child 6 to 12: Your Last Great Chance
This three-part series with best-selling author John Drescher will help parents to appreciate the preciousness of the pre-teen years. In Program One you will learn this is the last great chance to hold your child, spend time with your child, instill values, read to your child, help your child to develop a sense of feeling, and to teach the facts of sex. In Program Two John illuminates the special characteristics of middle childhood, telling parents how to build loving relationships with their child by

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understanding and meeting his/her emotional needs. We learn of the child’s need for encouragement and of belonging, the love of adventure, the need to be active, the need to imitate, the need for affection, and the need to develop feelings. In Program Three John Drescher examines the conscience, the spiritual development of the child, and how the child derives identity, adequacy and worth. This material will help you to develop a stronger understanding and relationship with your child as he/she heads into the critical teen years. Now is the time to spend time with your child and build a relationship, before they reach the teen years.

KIT94 Parenting the Early Years: Drs. Les and Leslie Parrott
A 6-session parenting program based on 10 Biblical traits, first for parents to consider their own lives and then strategies for passing what they have learned to their children. Each session includes a video segment, discussion and processing time. The kit includes 6 DVDs, a leader's guide, an example of a participant workbook, and a copy of the book by the Parrots: "The Parent You Want to Be: Who You are Matters More Than What You Do".

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VC1371 Raising Great Kids
A video-based program especially for parents of preschool-aged children. The kit contains an easy-to-use leader’s guide, an example of a participant’s guide, a copy of the original book, "Raising Great Kids," that inspired the series, and a 6-part 90-minute video. Sessions include: Raising Kids of Character, Ingredients for Growth, Developing Connectedness and Responsibility, Developing Reality and Competence, Developing Morality and Spirituality and When in Doubt. This series would be excellent for a parenting class or an ongoing Sunday school class of parents of young children.

VC1697 Tell Me About God: Helping Children Develop a Relationship With God
This video will help you (parents, teachers, grandparents) talk to the children in your life about the God who loves them unconditionally. Divided into 6 segments with discussion questions after each.

Books for Parents of Young Children

BK336 Children and Prayer: A Sacred Pilgrimage
This volume provides concepts for teaching children about prayer and includes prayers written by children, prayers that caregivers can pray with children, interviews with children and resources for further study.

CU11 Discovering Together: Parent's Companion to NRSV Children's Bible
A guide to the NRSV Children's Bible for parents.

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Websites related to The United Methodist Church

Development through the Life Span
http://www.gbod.org/site/apps/nlnet/content.aspx?c=nhLRJ2PMKsG&b=5044981&ct=7303981

General Board of Discipleship: Families
http://www.gbod.org/site/c.nhLRJ2PMKsG/b.4104415/k.C87D/Families.htm

Parenting
http://www.umc.org/site/c.lwL4KnN1LtH/b.2454761/k.BD4A/Parenting_Overview.htm

Resolution on Responsible Parenthood
http://archives.umc.org/interior_print.asp?ptid=4&mid=991

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