

New Resources October 2019

Date: 2019-11-05

ADULTS
248.4
DOTSON

Dotson, Junius B. ***Soul Reset: breakdown, breakthrough, and the journey to wholeness***. Nashville, TN, Upper Room Books, 2019.

Summary: Everything was going fine . . . until it wasn't. For Reverend Junius B. Dotson it took an actual breakdown during a funeral for him to realize he needed a reset. As he recalls his own journey through grief, depression, burnout, and emotional breakdown, Dotson is passionate about calling for a Soul Reset for pastors, church leaders, and all disciples of Jesus Christ. This is a 6-week churchwide study for everyone who moves at breakneck speed through their daily lives, often relying only on their own strength to bring God's kingdom on earth. Jesus shows us a different way, an easier, unforced rhythm of what kingdom work looks like. It's a balance of work, rest, play, worship, exercise, and eating well—spiritual practices that keep our souls hydrated and healthy as we do the work of the church in the world. The whole curriculum for Soul Reset: Breakdown, Breakthrough, and the Journey to Wholeness includes a book; a DVD; downloadable video segments; age-level discussion guides for children, youth, and adults; sermon starters; and more. The DVD and book are available to borrow from the Media Center. The other items are downloads and must be purchased from an online retailer. Soul Reset is a call for the church and all of Jesus' disciples to reset and reorder their lives around spiritual practices, to learn to walk through our difficult seasons with our souls connected to the source of Living Water so that we don't burn out or break down. And if we do burn out or break down, we learn to lift one another up and point one another back to Jesus. --Cokesbury

ADULTS
287.092
BABER

Baber, Charlie. ***Submitting to Be More Vile: The Illustrated Adventures of John & Charles Wesley***. Nashville, TN, Abingdon Press, 2019.

Summary: Proclaiming the glad tidings of salvation—and the other things that come with church—with comics. To say Charlie Baber teaches Wesleyan theology, history, and practice unlike anyone else is an understatement. Through his Wesley Bros Comics, he created “webcomics”—an online world where historical church figures all exist at the same time...our time. In *Submitting to Be More Vile*, Baber collects his comics in printed form and includes group-discussion guides that make the book perfect for youth groups, adults, and college/seminary students. Those new to the Wesleyan tradition will find Baber's style easily accessible and those who have a strong United Methodist background will find themselves chuckling at his unique approach. --Cokesbury

Content Notes:

- Foreword -- Introduction -- Part One: Predestined for Arminianism, 1. A Brand Plucked: A Brief and Possibly Unflattering Overview of the Wesley's Formative Years -- 2. Bad Romance: Less Talk, Mo'Ravian -- 3. Predestiny's Child: The Rise and Fallout of the Wesleys' and Whitefield's Friendship -- Part Two: Moth, Not Sloth, 4. The Fantastic Quadrilateral: The Cosmic Rays of Modern Critical Wesleyan Studies I Warned You About -- 5. Loving God: How Ordinary Love Welcomes Extraordinary Grace -- 6. Loving Neighbor: I Thought This Would Be Easier Now That I'm Saved -- 7. Directions for Singing: Get Your Praise On, but Don't Get Too Crazy -- Part Three: Are We Yet Alive, or What?, 8. Shepherding the Shepherds: How Can You Be Burned Out if You Only Work a Few Hours on Sunday? -- 9. Onward to Perfection: Everyday Church Life and the Art of Not Punching One Another -- 10. At-One-Ment: Christ Is All in All, Y'all.

ADULTS
658.3008
DONOVAN

Donovan, Mason. ***The Inclusion Dividend: Why Investing in Diversity & Inclusion Pays Off.*** Salisbury, NH, DG Press, 2019.

Summary: The #1 D&I book on Wall Street for 3 years straight and a best seller on Amazon. In today's increasingly diverse, global, interconnected business world, diversity and inclusion is no longer just the right thing to do, it is a core leadership competency and central to the success of business. Working effectively across differences such as gender, culture, generational, race, and sexual orientation not only leads to a more productive, innovative corporate culture, but also to a better engagement with customers and clients. The Inclusion Dividend provides a framework to tap the bottom line impact that results from an inclusive culture. Most leaders have the intent to be inclusive, however translating that intent into a truly inclusive outcome with employees, customers and other stakeholders requires a focused change effort. The authors explain that challenge and provide straightforward advice on how to achieve the kind of meritocracy that will result in a tangible dividend and move companies ahead of their competition. --Dagoba Group