

December New Resources

Date: 2015-01-05

- ADULTS 158 BROWN Brown, C. Brene. **The Gifts of Imperfection : Let Go of Who You Think You're Supposed to Be and Embrace Who You Are** . Center City, Minn. : Hazelden, 2010.
Summary: In *The Gifts of Imperfection*, Brené Brown, Ph.D., a leading expert on shame, authenticity and belonging, shares what she's learned from a decade of research on the power of Wholehearted Living, a way of engaging with the world from a place of worthiness. In her ten guideposts, Brown engages our minds, hearts, and spirits as she explores how we can cultivate the courage, compassion, and connection to wake up in the morning and think, No matter what gets done and how much is left undone, I am enough, And to go to bed at night thinking, Yes, I am sometimes afraid, but I am also brave. And, yes, I am imperfect and vulnerable, but that doesn't change the truth that I am worthy of love and belonging. --Hazelden
- ADULTS 220.07 JOYNER Joyner, Alex. **What's in the Bible about the Holy Spirit?** . Nashville, Tenn. : Abingdon Press, 2008.
Summary: *What's in the Bible about the Holy Spirit?* is one of the study books in the series, *What's in the Bible and Why Should I Care?* *What's in the Bible about the Holy Spirit?* will help readers explore the power and presence of God's Holy Spirit in the lives of God's people. Chapters include: *The Holy Spirit Creates and Renews*, *The Holy Spirit Inspires*, *The Holy Spirit Empowers*, and *The Holy Spirit is with God's People*. --Cokesbury
- ADULTS 227.87077 SANO Sano, Roy I. **Outside the Gate : A Study of the Letter to the Hebrews** . Nashville, TN : Abingdon Press, 2014.
Summary: According to the Epistle to the Hebrews, Christians are always to be on the move. Christians are to go voluntarily into a kind of exile and to become strangers and sojourners on this earth while doing God's will "outside the gate" of the mainstream society. Inspired by Hebrews 13:12-14, Bishop Sano examines this theme and its meaning for the original audience and Christians today. This seven-chapter book can be used for individual study but is also an excellent study for Sunday school classes and small groups. Each chapter is divided into three major parts based on the original meaning of Hebrews, an application section with discussion questions, and activities for the group. --Cokesbury
- ADULTS 232.1 WILLIMON Willimon, William H. **Incarnation : The Surprising Overlap of Heaven & Earth** . Nashville, TN : Abingdon Press, [2013].
Summary: The church uses the concept of "Incarnation," (from the Latin word for "in the flesh") to help us understand that Jesus Christ is both divine and human. The Incarnation is the grand crescendo of our reflection upon the mystery that Christ is the full revelation of God; not only one who talks about God but the one who speaks for and acts as God, one who is God. About the Series: *Belief Matters* is a series of easy-to-understand books designed to show that by thinking more clearly about faith, persons can love God more fully, live with confidence, and change the world. Conversational in tone, these books are reflections on major theological topics and are suitable for individual or group study. --Cokesbury
- ADULTS 239 KELLER Keller, Timothy J. **The Reason for God : Belief in an Age of Skepticism**. New York : Riverhead Books, 2009.

Summary: Why does God allow suffering in the world? How could a loving God send people to Hell? Why isn't Christianity more inclusive? How can one religion be "right" and the others "wrong"? Why have so many wars been fought in the name of God? These are just a few of the questions and doubts even ardent believers wrestle with today. As the founding pastor of Redeemer Presbyterian Church in New York City, Timothy Keller has compiled a list of the most frequently voiced "doubts" skeptics bring to his church as well as the most important reasons for faith. And in the New York Times bestselling *The Reason for God*, he addresses each doubt and explains each reason. Keller uses literature, philosophy, real-life conversations, and reasoning to explain how faith in a Christian God is a soundly rational belief, held by thoughtful people of intellectual integrity with a deep compassion for those who truly want to know the truth. --timothykeller.com

ADULTS
248.32 YOO

Yoo, Joseph. **Practical Prayer**. Nashville, Tenn: Abingdon Press, 2013.
Summary: Using passages from both the Old and New Testaments, Joseph Yoo takes a look at how and why we pray, how to handle what we perceive to be unanswered prayer, and how to learn to hear and recognize God's voice. *Converge Bible Studies* is a series of topical Bible studies. Each title in the series consists of four studies on a common topic or theme. *Converge* can be used by small groups, classes, or individuals. Primary Scripture passages from the Common English Bible are included for ease of study, as are questions designed to encourage both personal reflection and group conversation. The topics and Scriptures in *Converge* come together to transform readers' relationships with others, themselves, and God. --Cokesbury

ADULTS 248.4
HAWKINS

Hawkins, Thomas R. **Apprenticed to Jesus : Christian Practices for Growing Disciples** . Nashville, TN : Discipleship Resources, 2014.
Summary: Using the call narratives in the Gospels of Mark and Matthew, *Apprenticed to Jesus: Discipleship Practices for Growing Christians* connects discipleship with the purpose and mission of the church: our participation in God's plan to heal a broken creation. Hawkins locates the origins of discipleship not only in Jesus' call to his disciples but also to God's call to Abraham, Sarah, and Moses. This book is excellent for small groups and pastors, Christian educators, and church leaders responsible for discipleship formation. *Apprenticed to Jesus* will motivate participants to reflect on their own discipleship in engaging and effective ways. Pastors, Christian educators, and church leaders responsible for discipleship formation will find this an invaluable resource. --Upper Room

ADULTS
248.487
WHITE

White, Woodie W. **Conversations of the Heart** . Nashville, Tenn: Abingdon Press, 1991.
Summary: Step into the reflections, thoughts, and fears of one of the most beloved bishops of our time. In this second collection of essays, Bishop Woodie W. White reveals personal stories, insights, and reflections from his conversations and come to a better understanding of the many different aspects of the human condition, of what it means to be a Christian, and of life itself. --Inside Flap

ADULTS
248.4876
GILLIAM

Gilliam, W. Craig. **Where Angels Dare to Dance: Anxiety and Conflict in Congregational Life : A Systems Perspective**. Washington, D.C: JustPeace, 2007.
Summary: *Where Angels Dare to Dance: Anxiety and Conflict in Congregational Life* by Dr. W. Craig Gilliam is a booklet designed to help clergy, congregations, District Superintendents and other leadership to

understand faith communities as emotional systems. It is a resource that offers theory, theology and practical suggestions for deeper awareness of life together and how to deal with anxiety and conflict in congregational life from a systems perspective. --JustPeace

ADULTS
248.845
MILLER

Miller, Craig Kennet. **iKids : Parenting in the Digital Age**. Nashville, TN : Discipleship Resources, 2014.

Summary: ikids—the generation emerging in the midst of the digital revolution. A generation defined by a vast and rapidly changing technological landscape, the iKids generation will never know a world without touch screens, social media, and the internet. iKids: Parenting in the Digital Age takes a close look at the culture of this generation and raises critical questions about the effects of technology on children’s brains, physical health, educational experiences, relationships, and faith formation. --Back Cover

ADULTS 253.7 Cunningham, Sarah Raymond. **Portable Faith : How to Take Your Church CUNNINGHAM to the Community** . Nashville : Abingdon Press, [2013].

Summary: Portable Faith is a book of first steps for churches and leaders who hear God’s call and are ready to follow. Sarah Cunningham’s insightful writing will first upturn your assumptions and lead you to critically evaluate your own perceptions about evangelism and outreach. She then offers a rich collection of practical, engaging, inexpensive exercises for small groups, individuals, or an entire congregation. Work through the exercises, and you’ll be equipped to go out, to transform the strange new world beyond your church’s doorstep. --Back Cover

ADULTS 253.7 Powe, F. Douglas. **Taking Church to Community: Reach New Disciples**. POWE Washington, D.C: Lewis Center for Church Leadership of Wesley Theological Seminary, ©2014.

Summary: No longer can we simply ask, “What can we do to get people to come to our church?” We must also consider, “How can we go into the world to encounter those in need of the gospel?” Through engaging videos, presentations, and supplemental materials, Taking Church to the Community explores strategies your congregation can use to reach beyond its walls with worship, community events, ministries, and service — meeting community members where they are and moving them toward discipleship. Taking Church to the Community is ecumenical and designed for both self study and for use with groups in your church. --Lewis Center for Church Leadership

ADULTS
259.089 RAH

Rah, Soong-Chan. **Many Colors : Cultural Intelligence for a Changing Church** . Chicago : Moody Publishers, 2010.

Summary: The United States is currently undergoing the most rapid demographic shift in its history. By 2050, white Americans will no longer comprise a majority of the population. Instead, they'll be the largest minority group in a country made up entirely of minorities, followed by Hispanic Americans, African Americans, and Asian Americans. Past shifts in America's demographics always reshaped the county's religious landscape. This shift will be no different. Soong-Chan Rah's book is intended to equip evangelicals for ministry and outreach in our changing nation. Borrowing from the business concept of "cultural intelligence," he explores how God's people can become more multiculturally adept. From discussions about cultural and racial histories, to reviews of case-study churches and Christian groups that are succeeding in bridging ethnic divides, Rah provides a practical and hopeful guidebook for Christians wanting to minister more effectively in diverse settings. Without guilt trips or browbeating, the book will spur individuals,

churches, and parachurch ministries toward more effectively bearing witness to the gospel of Jesus Christ, the Good News for people of every racial and cultural background. Its message is positive; its potential impact, transformative. --Moody Publishers

ADULTS 259.1 Jacobs, Linda Ranson. **Attract Families to Your Church and Keep Them Coming Back** . Nashville, Tenn: Abingdon Press, [2014].
JACOBS

Summary: Be the kind of church that families want to attend, where the church's dynamic faith invites families who will then bring their friends. Vital churches need all kinds of families: two-parent families, blended families, boomerang families, adult children of divorce and their families or lack of families, single adults whose family is the church, grandparents parenting again, childless families, and children with three legal parents. With practical helps and suggestions for ministries, worship, small groups, and even facilities, author and family expert Linda Ranson Jacobs will help you create a welcoming place for everyone. --Back Cover

ADULTS 260 Barnhart, David L. **What's in the Bible about Church?** . Nashville, Tenn. :
BARNHART Abingdon Press, 2008.

Summary: The title of this unique and exciting Bible study series points to the two essential features of meaningful Bible study: reading the Bible and applying the Bible to life. First, we read the Bible to discover answers to the question What's in the Bible? and second, we reflect upon what we read in order to discover answers to the question, Why Should I Care? and apply these answers to our lives. What's in the Bible About Church? will help readers explore the church as God's people living, learning, and sharing God's message of love and hope. Chapters include: "What is the Church?", "The Church Worships", "The Church Teaches", and "The Church Serves." -- Cokesbury

ADULTS 261.26 DAY **The Jewish Roots of Christianity**. Grand Rapids, Mich: RBC Ministries ,
OF 2009.

DISCOVERY

Summary: "Judaism and Christianity. Two spiritual points of view that seem worlds apart--but it hasn't always been that way! In this 3-part series, you'll learn about the rich heritage of the Christian faith, which is grounded in the same Old Testament Scriptures as Judaism. You'll be guided through the Jewish roots of Christianity by three men who are Jewish by birth, but followers of Jesus by choice. Meno kalisher is a pastor in Jerusalem, Avner Boskey serves as a worship leader and tour guide in Israel, and Michael Rydelnik is a professor of Jewish Studies at the Moody Bible Institute. Along with host Mart DeHaan, they'll take you on an amazing journey to see the birthplace of the Christian church in Jerusalem and the very pools where the first 3,000 followers of Christ were baptized. Their lively discussion will offer fresh insight into the religious dynamics experienced by the first Christians, and will deepen your own understanding of the Scriptures" --Container

ADULTS 261.873 Porter, Thomas W. **The Spirit and Art of Conflict Transformation :
Creating a Culture of JustPeace** . Nashville, Tenn. : Upper Room Books,
PORTER [2010].

Summary: Transforming conflict into a positive rather than a negative force is a spiritual pursuit and needs to be grounded in biblical principles: love of God, neighbor, and self. This book is a resource for leaders, ministers, mediators, facilitators, and conflict transformation consultants who want to approach their work in this way. Part 1: explains how we can prepare ourselves for the work of engaging conflict, and Part II: explores how we

engage others in conflict transformation, outlining specific processes. This book articulates the vision and practice of conflict transformation developed by the JustPeace organization. --Cokesbury

ADULTS
262.076
HEATH

Heath, Elaine A. **Longing for Spring : A New Vision for Wesleyan Community** . Eugene, Or. : Cascade Books, [2010].

Summary: Delving into the widespread, contemporary longing for a more serious and communal experience of Christianity, this book provides important theoretical underpinnings and casts a vision for a new monasticism within the Wesleyan tradition. Elaine Heath and Scott Kisker call for the planting of neo-monastic churches which embody the Wesleyan vision of holiness in postmodern contexts. This book also points toward some vital shifts that are necessary in theological education in order to equip pastors to lead such communities. Longing for Spring helps Wesleyans of all stripes understand the theory and praxis necessary for planting neo-monastic communities as a new model of the church that is particularly important in the postmodern context. The authors write in an engaging, conversational style that is conversant with postmodern culture, yet thoroughly informed by critical research. Heath and Kisker boldly challenge the imagination of the church, both within and beyond Wesleyan traditions, to consider the possibility of revitalizing the church through the new monasticism. --Back Cover

ADULTS
263.91
LUCADO

Lucado, Max. **God Came Near: Insights on the season of Advent**. Rock Rapids, Iowa: Bridgestone Multimedia Group, ©2014.

Summary: Travel back in time and relive the coming of Christ to Earth, as He gives up His throne next to God the Father to enter this world as a baby born in a manger. Filmed at England's beautiful Blockley Church, God Came Near is narrated by renowned author and pastor Max Lucado, who brings his best-selling book to life. Featuring six DVDs, this complete set explores the topics of Simeon, the man who waited for the birth of the Messiah, as well as the stories of Joseph and Mary, the true history of Saint Nicholas, the hectic holiday season, Christmas traditions, and more. Above all, however, Lucado encourages viewers to be like the wise men of the Christmas story and start seeking the Lord each day of our lives. Includes a discussion guide/devotional book. Also includes bonus content of "Immanuel", Max's 3-part Christmas sermon with a printable discussion guide (88 min.). Dove Family Approved for all ages. --Bridgestone Multimedia Group

ADULTS
263.92
ESCOBEDO-
FRANK

Escobedo-Frank, Dottie. **Give It Up! : A Lenten Study for Adults** . Nashville, TN : Abingdon Press, 2014.

Summary: This Lenten study reflects on all the things that hold our attention, occupy our minds and monopolize our time, yet still isolate us from God and the world around us. Things like social media, phones, the noise of life, and focus on the external. Imagine taking on the challenge of giving up each of these for a week. During this seven-week study, Dottie Escobedo Frank takes the reader on a journey of self discovery, where he or she learns that the power of release brings great gain. The biggest gain is a stronger relationship with Christ. In the release, each person is freed to "give it up" in applause and praise for a life deeply lived in Christ. This thematic Bible study is designed to be used by individuals and small groups during the Lent 2015 season. In addition to the main content, each chapter offers questions for reflection and discussion, a brief prayer, and a focus for the week. The focus emerges from the chapter content and encourages readers to engage in a spiritual practice or do something specific that will help them grow in faith. On the whole, this thematic seasonal Bible study series is designed for

transformation and application of Bible study to everyday, practical life experience. --Cokesbury

ADULTS Loyer, Kenneth. **Holy Communion : Celebrating God with Us** . Nashville :
264.36 LOYER Abingdon Press, 2014.

Summary: This book explores how celebrating the presence of God With Us through Holy Communion nourishes our souls, refreshes our sense of community, and equips us for mission in Christ's name. Yet many Christians do not understand Communion or see it only as an empty ritual. Because of that, low worship attendance or enthusiasm commonly accompanies Communion Sundays—leaving churches feeling spiritually depleted. This book provides insights and practical suggestions for giving this sacrament a more prominent role, not just in church life, but in the Christian formation of individuals. For small groups, Sunday school classes, and as a preaching resource, *Holy Communion: Celebrating God with Us* by Kenneth M. Loyer and general editor William H. Willimon is suitable for a four-week study and includes discussion questions at the end of each chapter. The Belief Matters series assists pastors and clergy in explaining fundamental elements of the church and its worship to congregations. *Holy Communion* is the second in the series and follows *Incarnation* by William H. Willimon. --Cokesbury

ADULTS **Conflict and Communion : Reconciliation and Restorative Justice at**
264.36 **Christ's Table** . Nashville, Tenn: Discipleship Resources, 2006.

PORTER

Summary: In this broken world, community is rare. Sadly, this is sometimes true even in the church. Conflict confronts us in just about every corner of our lives — from personal to familial, from congregational to denominational, from national to international. "We desire community but so often react out of brokenness," writes one reviewer. "Conflict and Communion points to the Lord's Table as the place where true harmony can be experienced." Porter sets the stage for the book by naming the conflicts that were present at the Last Supper — conflicts among the disciples, conflicts among those in authority. Then as now, the Eucharist and its spiritual power propels much-needed transformation in individuals and in congregations to heal our greatest needs. The 10 essays, written by a diverse group of church leaders, reflect on practical ways to live the sacrament in the everyday and extraordinary life of congregations. Reclaim the radical restorative justice and interdependent community available through the Table of Holy Communion. As the editor writes, "Through the practice of reconciliation empowered by the liturgy of Holy Communion, we hope that the Table will become for all of us and for our world a source of healing, transformed life, reconciled relationships, with God, and with one another." --Upper Room

ADULTS **Through the Door**. Nashville, Tenn: EthicsDaily.com, ©2014.

266.022

ETHICSDAILY

Summary: A convergence of cooperation is emerging around the issue of prisons. Political parties recognize that the recidivism rate is too high and that prison costs are breaking budgets. Churches and faith-based organizations are working together in dynamic ways inside and outside prisons, helping returning citizens productively re-enter society. Faith makes a difference. *Through the Door* tells stories of what goodwill Christians are doing in Indiana, Tennessee, Texas and Virginia. --EthicsDaily.com

ADULTS Ritch, Catherine. **You Raise Me Up : Making It Happen for Children of the**
266.95 RITCH **Ark** . Indian Trail, NC : CRM Books, 2014.

Summary: *You Raise Me Up* is a story of endurance, survival, tenacity, perseverance and a people choosing death rather than giving up their

Christianity. It is a story of the oldest Christian nation in the world, filled with unparalleled history and culture. And it is a story of a disputed territory, the Republic of Nagorno-Karabakh, once a part of that nation of Armenia and now unrecognized even by the United Nations. Where other humanitarian agencies are not allowed due to political issues, two conferences of The United Methodist Church--the North Carolina Conference and the Western North Carolina Conference--have answered a call and have broken those barriers through organizing and supporting Project AGAPE, that area's ONLY humanitarian aid agency, thereby "Making It Happen for Children of the Ark."
--Back Cover

ADULTS
270.089
JENNINGS

Jennings, Willie James. **The Christian Imagination : Theology and the Origins of Race** . New Haven [Conn.] : Yale University Press, 2010.

Summary: Why has Christianity, a religion premised upon neighborly love, failed in its attempts to heal social divisions? In this ambitious and wide-ranging work, Willie James Jennings delves deep into the late medieval soil in which the modern Christian imagination grew, to reveal how Christianity's highly refined process of socialization has inadvertently created and maintained segregated societies. A probing study of the cultural fragmentation—social, spatial, and racial—that took root in the Western mind, this book shows how Christianity has consistently forged Christian nations rather than encouraging genuine communion between disparate groups and individuals. Weaving together the stories of Zurara, the royal chronicler of Prince Henry, the Jesuit theologian Jose de Acosta, the famed Anglican Bishop John William Colenso, and the former slave writer Olaudah Equiano, Jennings narrates a tale of loss, forgetfulness, and missed opportunities for the transformation of Christian communities. Touching on issues of slavery, geography, Native American history, Jewish-Christian relations, literacy, and translation, he brilliantly exposes how the loss of land and the supersessionist ideas behind the Christian missionary movement are both deeply implicated in the invention of race. Using his bold, creative, and courageous critique to imagine a truly cosmopolitan citizenship that transcends geopolitical, nationalist, ethnic, and racial boundaries, Jennings charts, with great vision, new ways of imagining ourselves, our communities, and the landscapes we inhabit. --Yale University Press

ADULTS
270.089
YANCEY

Yancey, George A. **Beyond Racial Gridlock : Embracing Mutual Responsibility** . Downers Grove, Ill. : InterVarsity Press, 2006.

Summary: Christians have struggled with racial issues for centuries, and often inadvertently contribute to the problem. Many proposed solutions have been helpful, but these only take us so far. Adding to this complex situation is the reality that Christians of different races see the issues differently. Sociologist George Yancey surveys a range of approaches to racial healing that Christians have used and offers a new model for moving forward. The first part of the book analyzes four secular models regarding race used by Christians (colorblindness, Anglo-conformity, multiculturalism and white responsibility) and shows how each has its own advantages and limitations. Part two offers a new "mutual responsibility" model, which acknowledges that both majority and minority cultures have their own challenges, tendencies, and sins to repent of, and that people of different races approach racial reconciliation and justice in differing but complementary ways. Yancey's vision offers hope that people of all races can walk together on a shared path--not as adversaries, but as partners. --InterVarsity Press

ADULTS 277.3
MCINTOSH **McIntosh, Gary. Being the Church in a Multi-Ethnic Community : Why It Matters and How It Works** . Indianapolis, Ind. : Wesleyan Pub. House, 2012.

Summary: The face of America is growing rapidly more diverse, and many churches are wondering what it means to carry out the Great Commission in a community where different ethnicities are represented. *Being the Church in a Multi-Ethnic Community* is an introductory guide, a basic primer for pastors and congregation leaders who are wrestling with how to reach the ethnic groups next door and welcome them into the multi-ethnic body of Christ. Gary L. McIntosh and Alan McMahan offer a research-based overview of the issues, challenges, and essential principles for developing multi-ethnic churches in the United States. Rather than being a one-size-fits-all, this book describes a variety of approaches for bringing multiple ethnicities together into a single congregation. Learn how your church can be effective in welcoming disciples of all ethnicities. --Wesleyan Publishing House

ADULTS 277.3 Newbell, Trillia J. **United : Captured by God's Vision for Diversity** . Chicago
NEWBELL : Moody Publishers, 2014.

Summary: On the Last Day every tongue and tribe will be represented in the glorious chorus praising God with one voice. Yet today our churches remain segregated. Can we reflect the beauty of the last day this day? *United* will inspire, challenge and encourage readers to pursue the joys of diversity through stories of the author's own journey and a theology of diversity lived out. Civil rights leaders of fifty years ago fought hard to overturn the "separate but equal" Jim Crow laws. America has come a long way since the 60's. Our public facilities, parks, pools, and educational facilities - once segregated - are now filled with a variety of ethnic groups enjoying the benefits of togetherness. Yet, our churches remain separate but equal. In a time of great progress, why does the church remain relatively unmoved? *United* will explore the importance of pursuing diversity in the church by sharing the author's unique experiences growing up in the south and attending a predominately white church. She champions the theology of diversity throughout the book through the Scriptures providing compelling reasons to pursue diversity. Trillia will also weave in story describing her friendship with two women of different ethnicities. --Moody Publishers

CHILDREN
248.82
GOSPEL

Big Book of Discipleship Basics. Ventura, Calif: Gospel Light, 2007.

Summary: Getting children to participate in a small group discussion can be a challenge. What is needed is a foolproof format that engages and keeps kids involved in the topic at hand. *The Big Book of Discipleship Basics* offers just that—a step-by-step format for leading small group sessions that lead to amazing opportunities for discipleship. Every topic is introduced with a Get Started section (the icebreaker to get the session started) followed by a Get Focused section (specific Bible study on the topic). Finally, a Get Going section encourages students to apply what they've learned in their day-to-day lives. This valuable resource features fun activities and thought-provoking questions on such topics as depending on Jesus, getting into God's Word and becoming a disciple. Includes 52 lessons on 13 topics, a kid-friendly "on your own" page for each small-group session, and a CD-ROM that includes the entire book's contents. Reproducible. --Cokesbury

CHILDREN
261.88
FLEGAL

Flegal, Daphna. **Green Church: Caretakers of God's Creation.** Nashville, TN: Abingdon Press, 2010.

Summary: *Green Church: Caretakers of God's Creation* will help children experience what it means to be good stewards of God's Creation. Each lesson includes: introductory activities that children will select based on their interest, a large group time where the children will come together to hear and interact with the Bible Story, a small group time where the children will discuss ways

to take action for God's creation. Includes reproducible activity sheets.

YOUTH
248.83 BASS

Way to Live : Christian Practices for Teens . Nashville, Tenn. : Upper Room Books, [2002].

Summary: Written by a team of adults and teens, *Way to Live* discusses concrete ways youth can practice Christianity in everyday life. This book answers teens' yearning for a meaningful way of life by inviting them into an abundant way of life Jesus offers and challenging them to join others in practicing their faith. Through teen-friendly language and relevant examples, *Way to Live* uses stories and ideas that make Christian practice come alive. Practices such as forgiveness, work, play, stuff, justice, prayer, food, and time are discussed as ways to nourish a more meaningful life offered by Jesus Christ. 18 teens and 18 adults joined together to write *Way to Live*. Their collective wisdom and experience offers things that readers can do -- rather than things not to do. It also presents each practice as a gift and not a task that engages readers in the real world. Great for youth ministry and small group study, *Way to Live* is perfect for individual use too. A leader's guide is available at www.waytolive.org. --Cokesbury