

A central illustration of a human brain in shades of orange and brown. Surrounding the brain are several 3D puzzle pieces in red and orange. Some pieces have white letters: 'C', 'S', 'H', and 'R'. The background is a gradient of yellow and orange.

Dementia Resourcing



Center for Leadership Excellence

North Carolina Conference

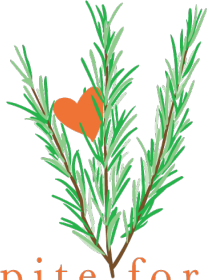
THE UNITED METHODIST CHURCH

**A Discipleship Resource Series:
Where Faith Engages the World**



**TOGETHER, WE CAN CHANGE
THE WORLD!**





Respite for All
FOUNDATION



ALZHEIMER'S FOUNDATION OF AMERICA

2021 Anne & Irving Brodsky
Innovation Grant *WINNER*





THE NEED IS CLEAR

We were expecting 50-70 and over 400 showed up.
We saw the need immediately and launched the program with no strings.



VOLUNTEER MODEL PROVIDES RESPITE FOR:

The Care
Partner

Person with
Dementia

Volunteers

RES-PITE- *A short period of rest or relief from something difficult or unpleasant.*





Typical Day at Respite



10 AM - 10:20 AM

Arrival, coffee, socialization

10:20 AM – 10:40AM

Brain Fitness (group discussion, trivia)

10:45AM- 11:15 AM

Physical fitness

11:15 AM - 12 PM

Music, art or hand-eye coordination activities

12 PM - 12:45 PM

Family-style meal: lunch and dessert

12:45 PM - 1:10 PM

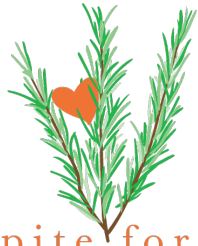
Balloon Volleyball

1:15 PM - 2 PM

Activity and music



Jack and Mary



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WHO DO WE SERVE ?

Alzheimer's, Dementia, Parkinson's or Natural Aging

Friends Must Be Able to:

- Be Mobile (Assisted Devices Acceptable)
- Handle Bathroom Needs
- Eat on Their Own
- Be Comfortable in a Group Setting





OUR UNIQUE ANGLE

NOT MEDICAL, BUT SOCIAL

- Small Group Conversations
- Art, Games and Music
- Guided Light Exercise
- Group Service Projects
- Story Telling
- Shared Meals
- New Relationships



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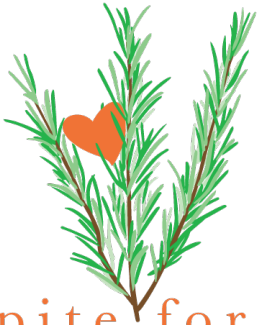
Reclaiming joy. Together.



KEY COMPONENT:
NO DIFFERENCE IN VOLUNTEERS & PARTICIPANTS



NO LABELS
EVERYONE IS DEALING
WITH SOMETHING



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SERVICE PROJECT: FLOOD KITS FOR HURRICANE



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“Thank You”



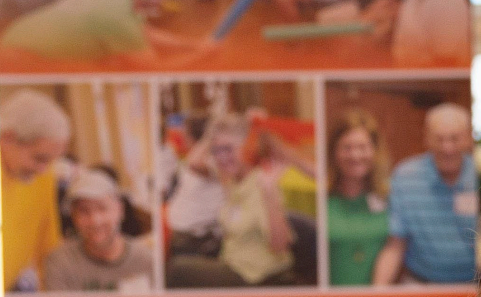
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Reclaiming joy. Together.



COLLECTIVE WORSHIP





We Work to Inspire and Build
Communities of Well-being and
Connection for Those Living
Alzheimer's Disease, Related
Dementias, and Their Caregivers



Respite

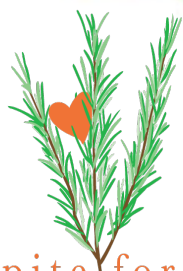
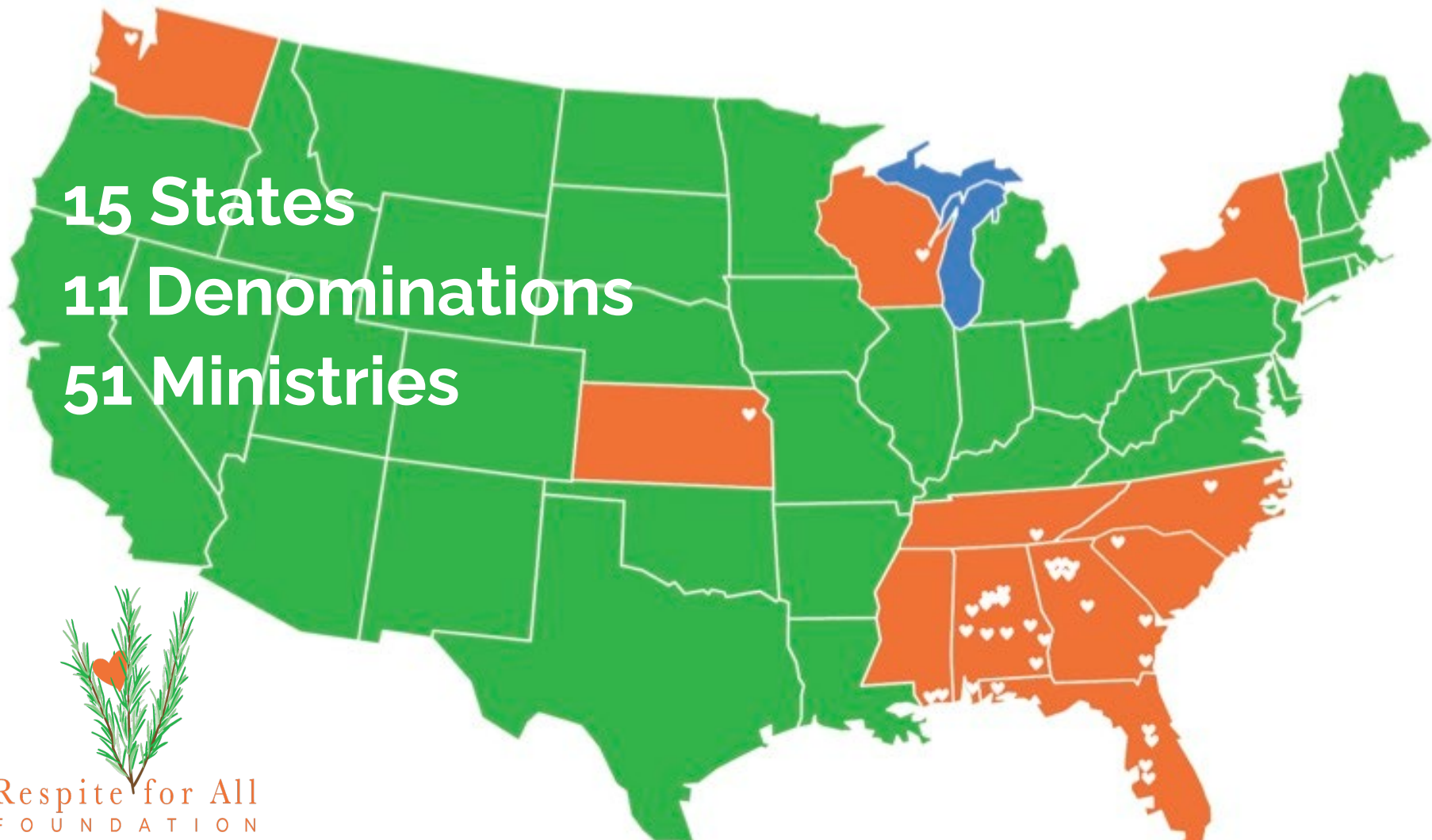
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Caregivers Pe
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**RESPITE FOR ALL
FOUNDATION**



15 States
11 Denominations
51 Ministries





Humble Beginnings

VOLUNTEER SUCCESS SECRET SAUCE

- Flexible Schedule
- Guilt-Free
- No Sub Responsibility
- Large Pool Volunteers
- Meaningful
- Word of Mouth
- Been Affected by Dementia
- Recruit Their Friends



REVENUE FROM \$40.00 DAILY FEE

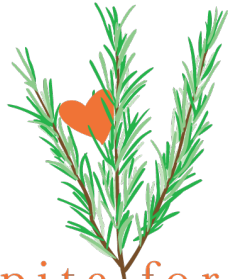
10 People, 2 Days a Week, 48 Weeks= \$38,400

15 People, 2 Days a Week, 48 Weeks= \$57,600

15 People, 3 Days a Week, 48 Weeks= \$86,400

15 People, 4 Days a Week, 48 Weeks= \$115,200

** Make Adjustments for Church Space Availability*



Respite for All
FOUNDATION





LOCAL RESPITE SUSTAINABILITY

- No Overhead
- Minimal Paid Staff
- Social Program/No Meds
- Revenue from Daily Fees
- Insurance
- Community Partners



**What does an RFA Volunteer program
mean to a Care Partner?**





RESPIRE FOR ALL- A FAMILY AFFAIR



Welcome to **R Place!**

R place is a robust social engagement program based on the *Respite for All* model that runs on volunteer-power!

Once a week volunteers, friends and their caregivers will have the opportunity to recharge, reconnect and recreate!

R place is exactly that ... "our place" to come together in community to provide a judgement-free environment for socialization and mental stimulation where all can thrive and caregivers are provided much needed respite.

If you are interested in being part of **R Place**, please contact Alison Smith at alsmith@orangecountync.gov





RESPITE FOR ALL FOUNDATION

Contact: Daphne Johnston
Phone: 334-440-9911
Webpage: www.RespiteForAll.org
Email: Daphne@respiteforall.org



RFA VIDEO TRAINING

MODULE 1: Starting a Respite Community

MODULE 2: Respite as a Community Asset


MODULE 3: The Respite Director's Role

MODULE 4: The Business of Respite

MODULE 5: Understanding Dementia

MODULE 6: Volunteer Training





**Who Do
We Serve?**



**Unforgettable Friends
Living with Dementia**