

# Prayer Resources

from the NCCUMC Media Center

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**Purpose:** This subject guide was created for the World Day of Prayer, but it is also useful for observing the National Day of Prayer, the Global Day of Prayer, other holidays of prayer, and anytime your small group wants to focus on the power of prayer. The resources included in this subject guide focus on the history and practice of Christian prayer.

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### Subjects and Keywords

Search for these subjects or keywords in the Media Center catalog:

#### Subjects

Prayer

#### Keywords

Pray

Meditation

#### Electronic Resource Keywords

Click on these words at <http://nccumc.org/mediacenter/electronic-resources> to find electronic resources related to this subject.

Prayer

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## **Video Resources**

### DVD55 Questions of Faith I

The classic first volume of this series now available on DVD. It presents a variety of contemporary thinkers and religious leaders discussing faith questions. For use in small groups as discussion starters. Questions asked: Who Is God?, What Good is Prayer?, What's God Got to Do with Evil?, What's Being Good, Good For?, Who Needs Organized Religion?, What Matters Anyway?

### DVD132 The Four Acts of Prayer

We Speak; God Listens; God Speaks; We Listen are The Four Acts of Prayer. Walter Wangerin explains with stories these vital elements of a complete circle of praying. Eight sessions are outlined for studying the material presented in the video.

### DVD178 The Natural Way of Prayer

Are there rules and guidelines to the right way to pray? James Miller explains some thoughts about these conversations with God. "Be in your heart", "Be Receptive", and "Be Honest". Practical suggestions for prayer are provided for each of these guidelines.

### DVD228 Deeper Connections: The Prayers of Jesus

This 6-part Bible study for adults looks at Jesus' life of prayer, from his baptism to crucifixion, and covers these Scriptures: Watch and Pray - Jesus' Model Prayer Life (Mark 1:32-39; 9:9-29; 14:32-42), Our God Listens - The Persistent Widow (Luke 18:1-8), Joining in Jesus' Prayer - The Lord's Prayer (Matthew 6:9-13), Praying to a Good God - The Friend at Midnight (Luke 11:5-13), Praying with Purpose - Jesus' Final Prayer (John 17), A Friend in High Places - Faith, Prayer, and Answers (John 14:13-14). Each part is taught by a different Bible expert, with historical background, biblical text study, and life applications.

### DVD240 Prayer: Does it Make Any Difference?

Six sessions on our relationship with God. A leader's guide and an example of the participant's book are included. The sessions are: The View from Above, Why Pray?, Keeping Company with God, How to Pray, Prayer Problems, and Does Prayer Change Anything?

### DVD249 Nooma: Open

Many of us have experienced situations where we've prayed and it felt like God wasn't listening. And yet, other times we've prayed or known someone that prayed and the situation changed. Does God answer prayer?

### DVD314 Praying with the Body: Bringing the Psalms to Life

Popular retreat and workshop leader Roy DeLeon guides you step-by-step as you discover how to use motion, together with the vibrant words of the Psalms, to reinvigorate your daily prayer life. This informative, practical DVD will guide you through the process of Praying with the Body as it is detailed in Roy DeLeon's book (comes with the DVD). Each of the ten sessions includes an invocation, holy reading, silent reflection, and other easy-to-learn practices. For those who are older, or physically challenged,

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many of the movements in this video can be followed from a sitting position. Watch a sample video at: <http://www.paracletepress.com/praying-with-the-body-dvd.html>.

KIT96 Praying In Color: Drawing a New Path to God

Based on the book by Sybil MacBeth, with chapters on the following: Prayer Dilemmas, Praying in Color, Prayer Frustration, Prayer Popping, Praying for Others, and Praying in a New Way. This exercise is not about creating artwork, but it is about the process of giving things over to God in a relaxing and visual way. A DVD for a workshop based on Praying in Color is included.

*Resources that begin with VC are on VHS tape and require a VCR.*

VC12 A Place to Pray: Conversations on the Lord's Prayer

This seven-part video study lead by author Roberta Bondi reflects on the meaning and importance of the words of the Lord's Prayer.

VC236 Danceprayer

Subtitle: A Way of Grace: The Union of Body and Soul Through Experiences and Meditations. The world-famous dancer and liturgical choreographer, Carla DeSola, presents ways to meditate and pray while using simple dance exercises. It is designed for individuals or groups.

VC722 Luke: MBS: The Lord's Prayer, The Mustard Seed

The words of the Gospel of Luke translated to film. Part 1: The Lord's Prayer, Part II: The Mustard Seed.

VC765 Movement Meditations to the Songs of Taize

Fourteen dance meditations presented as a prayer service in the style of Taize. Includes a booklet with descriptions of the movements.

VC830 Praying in the Midst of Life

A guide to prayer in six lessons by Ron Del Bene. A leader's guide is included.

VC1175 Workbook of Living Prayer

Maxie Dunnam leads this updated version of his often used study on prayer. Each of the six discussion sessions are enriched by 10 minutes of video presentation. Titles of the six sessions are: Getting Our Bearings and Beginning the Adventure, With Christ in the School of Prayer, When All Else Fails, Follow the Directions, Basic Ingredients of Prayer and Discovering Your Pattern, Fray Without Ceasing, and Resources for Praying. Includes an example of the participant workbook.

VC1229 Faith & Reason: What Can We Expect from Prayer?

From the Living Your Faith series of the Faith and Reason program, discussion leaders are Joan Chittister and Charles Kiblinger.

VC1361 The Pastor's MVP: Prayer Partners for Pastors

How to introduce and establish the idea of a Prayer Partners Team for the pastor in the local church. Three parts include: 1) Introduction to be viewed by lay leader and pastor of the church, 2) The message to be viewed by small groups and the congregation, and 3) Optional closing. Presenter is John Maxwell.

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#### VC1384 Lord's Prayer

A dramatic portrayal of a troubled young woman praying the Lord's Prayer. "Find out what happens when you were expecting to leave a voice mail, and God personally answers the call." Especially good for use in groups of young adults. A leader's guideline is included.

#### VC1609 The Real Bottom Line: Larry Dossey

Larry Dossey is interviewed in this program hosted by Jim Hartz. Dossey is a medical doctor who believes in alternative medicines and the power of prayer in treatment. He has written the books: "Prayer is Good Medicine" and "Be Careful What You Pray For".

### **Books**

#### BK186 Surrendering to God: Living the Covenant Prayer

Methodist Pastor, Rev. Keith Beasley-Topliffe shares his experience of praying the Covenant Prayer—a classic prayer that calls us to surrender completely to God. Written first by Richard Alleine then abridged and used by John Wesley and adapted into the covenant renewal hymn of Charles Wesley. This book includes line-by-line reflections by the author.

#### BK194 The Art of Prayer

This little book is packed with information about prayer. It describes types, explains methods and supplies examples.

#### BK401 Praying with John Wesley

A Collection of Forms of Prayer for Every Day of the Week compiled by John Wesley in 1733. This booklet is an adaptation for modern readers with an introduction which includes suggestions for use.

#### BK403 Prayer & Devotional Life of United Methodists

Designed for personal reading and small group study, this book has eight sessions. The themes in the book are divided into four sections and the book concludes with an appendix. It includes further study ideas and a bibliography. The themes are: Living from Heaven, Read and Pray Daily, Get Connected, and Go On!

#### BK416 Jesus and Prayer

Eight self-contained sessions for adults, including study helps and discussion questions. Participants examine the Scriptures, study the subject of prayer and learn to establish the practice of prayer.

#### BK497 The Lord's Prayer for Today

The author approaches a study of the Lord's Prayer from how the prayer would have been understood by the disciples hearing it in Jesus' time. Discussion questions help the study group reflect on this and how those familiar words speak to them today.

#### BK597 What Every Leader Needs to Know About: Leading Prayer

"Wherever you are in your prayer life, God invites you to a deeper prayer life. Whether you are a  
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beginner or a more experienced pray-er, it is helpful to evaluate you current practice and search new ways to communicate with God." Thoughts on personal prayer as well as a practical guideline for praying out loud on behalf of a group are provided in this booklet.

## **Youth Video Resources**

### **ROM8 Worship Feast: Prayer Stations**

A video introduction to prayer stations and how to set up a youth prayer room. The instruction video, printable instructions and meditation sheets, 8 original songs, and photos for worship slide shows are included.

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### **VC859 Questions of Faith for Youth 2: 1 Why Pray?**

The panel of youth discuss questions including: Why Pray?, What's the value of praying?, What do you pray for?, What do you think God does when opposing sides pray to win?

### **KIT18 Prayer in Motion**

A multi-media kit to help youth learn about and lead prayer. Prayer in Motion offers your students four interactive training sessions that culminate in a church-wide "concert of prayer" event that your kids will put on themselves. Kit includes a VHS video, audio CD, leader's guide, and two journals.

## **Youth Books**

### **BK41 Plug Into the Power**

Subtitle: Helping Younger Youth Make Faithful Choices. This teaching guide offers 6 sessions of programing. Sessions are: Family, World, Jesus, Prayer, Morality, and Service. Each session is based on Scripture and highlighting the Ten Commandments.

### **BK237 SkillAbilities for Youth Ministry: 10 booklets**

10 booklets on topics designed to help youth leaders. Brief and to the point. The book titles are: Big Differences (Various Ages), The Bottom Line, Caring from the Inside Out, Helping Youth Pray, How to Use Music with Youth, It Takes a Congregation, Let's Talk About It, Open Doors, Open Arms, Overlooked Allies (Parents), Setting Boundaries, and Youth in Charge.

### **BK377 Questions Senior Highs Ask: Volume 4**

A leader's guide with complete plans and handouts for sessions. This volume is divided into 6 units: Sacraments, Vocation, The Holy Spirit, Prayer, Music, and Biology as Theology. Reproducible handout sheets are included.

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BK384 Connect: Volume 5

Themes in this volume of Connect: Bible-The Big Picture, Family, Discovering Our Gifts, Prayer, and Shaping Our Faith.

BK425 Closer to God: Youth Experiencing Prayer

Six step-by-step sessions to use with youth to encourage practice and participation. This is the leader's guide.

BK455 Worship Feast: 100 Readings

"Creative ideas and language to help youth know themselves and discover who they are before God." Prayers, Guided Meditations, Rituals.

**Children's Video Resources**

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VC836 Praying With Children

Creative ways of teaching children about prayer. Traditional ways of praying are demonstrated as well as creative activities to engage even the youngest child. Six 10-minute sessions.

VC1237 Prayer for Children

A moving poetic prayer for all children given by the author Marion Wright Edelman.

**Children's Books**

BK59 Holding Children in Prayer: A Lenten Guide

Devotions for the season of Lent focusing on the joys, needs, and concerns about children. Scripture reading, a short devotional, and prayer for each day.

BK68 My First Prayers: Help Me

A board book with primary colors and friendly-faced illustrations showing times when we need God's help.

BK336 Children and Prayer: A Sacred Pilgrimage

This volume provides concepts for teaching children about prayer and includes prayers written by children, prayers that caregivers can pray with children, interviews with children and resources for further study.

BK437 Learning the Lord's Prayer

Divided into phrases, this study of the Lord's Prayer for children provides the information needed to develop a teaching plan using learning stations. Filled with activity ideas and craft examples.

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### BK457 Teaching the Lord's Prayer

Each of the 6 lessons in this teacher's book looks at one part of the Lord's Prayer. For children ages 7-9, each lesson includes activities and experiential learning times. Reproducible handouts, puzzles and music are included.

### BK512 What Is? Booklets

A set of 4 small booklets that have puzzles and activities to help children learn: What is the Apostles' Creed?, What is Baptism?, What Is Communion?, and What is the Lord's Prayer?

## **Websites related to The United Methodist Church**

[Apportioned Funds – Interdenominational Cooperation Fund - World Day of Prayer](#)

[General Board of Discipleship – Prayer Initiative](#)

[General Commission on Christian Unity and Interreligious Concerns – World Day of Prayer](#)

[MethodX – Prayer Methods](#)

[Soul Changing Prayer](#)

[Upper Room – Living Prayer Center](#)

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